



# Inglewood Nursery and Infant School

## Relationships Education Policy

<b>Date of Policy Update:</b>	September 2021
<b>Review date:</b>	September 2022
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## Relationships Education Policy

### **Rationale**

This policy pays regard to the amendment to the Children and Social Work Bill laid by HM Government in March 2017 which came into in September 2019, whereby Relationships Education became a statutory subject in primary schools from September 2020.

The focus of Relationships Education (Primary) is on:

“Teaching the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships, and relationships with other children and with adults.

Relationships Education also creates an opportunity to enable pupils to be taught about positive emotional and mental wellbeing, including how friendships can support mental wellbeing.”

*[Relationships Education (Primary) DfE Updated 2020]*

During the academic year 2020-21, we engaged with all our stakeholders during the academic year 2020-21 including parents and carers (via questionnaires), the Junior School, our School and Class councils. As early adopters of the revised Early Years Foundation Stage, we also paid regard to the changes this brought.

- 17% of our parents / carers returned their questionnaires in late Spring 2021. Of these, 100% thought that Mental Wellbeing, being safe (including Internet safety), First Aid, Caring Friendships and Respectful Relationships were very important for their children to learn about. The most important for 50% of the respondents was mental wellbeing.
- 20% of respondents thought that teaching and learning about drugs, alcohol and tobacco was not important.
- We put in place a temporary scheme of work during the Summer term 2021 which focused on re-building friendships and mental wellbeing following our interrupted school year. This scheme of work ran for the term and was built upon throughout 2021 to 22. It was reviewed by staff throughout the year. The scheme of work 2022-2023 was reviewed and we have the current one running as 2023-2024.

We are proud that from their first days in school, learners at Inglewood Nursery and Infant School think about, and are taught about what a relationship is, what friendship is, what family means and who the people are who can support them. We acknowledge that our learners are growing up in a digital world and our approach is also designed to help protect children from inappropriate on-line content.

Themes that are part of our age-appropriate curriculum include:

- How to take turns and establish an respect personal space
- The concept of personal privacy
- Permission seeking and giving
- How to treat each other with kindness, consideration and respect
- How to recognise, understand and build healthy relationships
- Different types of relationships – due to the age of our children, sex education is not part of this curriculum but the science curriculum is followed
- The importance of honesty and truthfulness
- How relationships may affect health and well-being, including mental health
- Safety online

### **Aims and Objectives**

Our Relationships Education within our school aims to provide opportunities for pupils to develop the skills, knowledge and understanding they need to lead confident, healthy, independent lives full of positive relationships. Information is delivered in an age-appropriate, accepting and honest way, which enables young people to contribute. Parents and carers have been consulted and will continue to be updated and informed about our policy and practice. We will consult with parents again in the 2023-2024 academic year as new families join our community.

Our Relationships Education policy and practice complements our Health Education policy and is an element of our overall PHSE curriculum. The focus of our Relationships Education Policy is on children being able to understand the importance of:

- Families and people who care for me
- Caring relationships
- Respectful relationships
- Online relationships

- Being safe

### **Organisation and Delivery**

The headteacher is responsible for co-ordinating the policy and curriculum content.

Relationships Education is taught to class groups as a spiral curriculum from Little Fawns through to Year Two as appropriate for each age group.

Relationships education is embedded in our philosophy of learning which embraces critical and philosophical thinking approaches. It is also a key element in our behaviour policy (SUMO – Stop, Understand, Move On), and our school motto, 'everyone matters', embraces relationships education. As part of our philosophical approach, in both early years and in Key Stage 1 we believe that, when discussing relationships, every child:

- Is an expert in their existing relationships
- Brings their own experience of relationships to our school
- Should feel equally intelligent about how to develop good relationships
- Should be free from anxiety in relationship education sessions and be able to thrive
- Should be equipped to succeed in recognising, understanding and building healthy relationships

Based on the age of our learners, we deliver relationships education through explicit teaching sessions, including through story, circle time, communities of enquiry, through weekly whole school, year group and class assemblies, and implicitly through the values that all staff and volunteers in our school uphold – focused around everyone matters.

External agencies / visiting speakers may be invited to input into the programme. No visitors will work with pupils in a classroom situation without a teacher present. There will be discussions before any input, about confidentiality issues.

Parents have the right to withdraw their children from any relationships education that falls outside the statutory curriculum (Education Act, 1996)

### **Monitoring and Evaluation**

Both the policy and classroom delivery will be monitored and evaluated as part of the regular cycle by the PSHE co-ordinators.

2023- 2024 PSHE Scheme work (with Relationships elements highlighted)

Due to the age of our learners and the fact that for many of them their first 1000 days were affected by Covid-19, we continue to prioritise: mental wellbeing, physical health and fitness, respectful relationships and being safe. We are ensuring that our learners develop sustained behaviours for learning through JONK and behaviours for self-regulation through SUMO – both of which support them to build relationships and manage their emotions. We are continuing to establish the importance of a healthy, active life style in the dining-room, at playtimes and through the use of lessons outside. We are developing our learners’ understandings of emotions and their understanding of the effect they have on the body.

As citizens, we use our varied committees to ensure that in Reception and at KS1 we develop key knowledge of a small number of ideas, including belonging, fairness, and simple rules that help us live together in a community bound together by respectful and caring relationships.

	Little Fawns	Little Owls	Reception	Year 1	Year 2	Throughout year
Autumn 1	Rolling programme due to different starting dates: My family Building relationships Feeling safe Being healthy Using emotions	Rolling programme due to different starting dates: My sense of self Building relationships Feeling safe Health and Self care Understanding emotions	Making relationships	Making relationships	Making relationships	(In assemblies and class circle times)
Autumn 2			Understanding emotions	Understanding emotions	Understanding emotions	
Spring 1			Health and self-care	Health and self- care	Health and self-care	
Spring 2			Families and people who care for me	Physical health	Physical health	
Summer 1			Caring friendships	Our growing bodies	Our growing bodies	
Summer 2			Respectful relationships	Health and Prevention	Health and prevention	
			Online Relationships	Internet safety and harms	Internet safety and harms	Mental wellbeing
			Respectful relationships	Basic First Aid	Basic First Aid	Being safe
			Healthy eating	Drugs, alcohol and tobacco	Drugs, alcohol and tobacco	Physical health and fitness
			Physical health and fitness	Families and people who care for me	Families and people who care for me	Healthy eating
			Our growing bodies	Health and Prevention	Health and prevention	
			Caring friendships	Caring friendships	Caring friendships	

