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## Thursday Thoughts 9<sup>th</sup> May 2024

### Dates for your Diary to help with planning

Please remember that once your child starts in Reception, all holidays during term-time are unauthorised.

**Half Term** – Monday 27<sup>th</sup> – Friday 31<sup>st</sup> May

**School closes** on Friday 19<sup>th</sup> July for Summer break

**School reopens** on Wednesday 3<sup>rd</sup> September

Year 1 swimming weeks is either 13<sup>th</sup> and 20<sup>th</sup> May, so if your child is in year 1, please could they bring their swimming costume or swimming trunks and a towel (!). Your child is only going swimming for 1 week, and by now, they should be able to tell you which is their week.

### National Smile Week

On **Monday 13<sup>th</sup> May 2024**, The Great British Brushathon will connect people from all around the world in one giant communal brushing event.

If you want to take part, all you have to do is take a selfie whilst brushing your teeth and post it to social media (or to us on Evidence Me if you do not use social media). Alternatively, if you want to get a bit more creative you can film a video of yourself brushing. If you live with any family or friends, get them to join you too. It's that easy.

By sharing your brushing selfie (or video) and encouraging others to do the same, you can help promote the value of brushing your teeth and having a healthy smile.

The Oral Health Foundation will be giving shout outs to their favourite #GreatBritishBrushathon selfies/videos throughout the day so make sure to use the hashtag so we can easily find yours! Add a reminder to your calendar so you don't miss it!

### Reading Timetable Summer Term 1 2024

Reading: All are welcome.

Reception	Year 1	Year 2
Monday 2.20 pm	Wednesday 8.45 to 9.10 am	Thursday 8:45 to 9.10am

### PE Timetable Summer Term 1 2024

Please remember that children should be in school uniform every day but may come in plain leggings / joggers with their red tops over their PE t-shirt on PE Days. On days when it says trainers needed, we have a cricket coach working with our learners and they will need to run, so this means suitable outdoor PE shoes, please. Thanks.

Little Owls: Tuesday	Reception	Year 1	Year 2
Little Fawns & Badgers: Wednesday	Thursday & Friday	Tuesday & Thursday	Apple – Monday & Friday Cherry & Pear – Monday & Wednesday

The Governors and School Staff have looked at our warm weather procedures, now that it looks as though the Summer might be on its way.

We have **sun protection procedures** in place as we want to ensure we can all enjoy the sun safely over the coming months.

The sun's rays are particularly strong over the summer and they can damage children's skin, even on a cloudy day. This may not seem like a problem right now, but it can lead to **skin cancer** in later life. Your child's health and well-being are very important to us, which is why we:

- spend time in school learning about sun protection;
- provide more shade in the playground;
- manage lunch and outdoor times so that children are not outside for more than 30 minutes;
- encourage children to keep hats and t-shirts on when outside and remember which is theirs – (naming them helps!);
- encourage pupils to use at least SPF 30 and 4\* or higher sunscreen in summer months.

Your support is very important if our policies are going to work. You can help by:

- talking to your child about the importance of sun protection at home;
- sending your child to school with a wide-brimmed or legionnaire style hat (named please) and wearing tops that cover their shoulders (vests and strappy tops are discouraged -as are strappy shoes which can lead to sunburn on feet);
- evenly applying a long-lasting sunscreen before the start of school, encouraging and developing your child's independence in applying it to themselves effectively, and sending a clearly labelled personal supply of sunscreen to school with your child so that they can reapply it during the school day if they need to, as even a long-lasting sunscreen can wash or rub off.

Remember, if it is hot, children need to hydrate more often. We refill water bottles throughout the day, so do not think that your child is not drinking if the bottle comes home with water in it. It may be the second or even third refill of the day.

Together, we hope we can have a very happy and safe term to come.